

Subject: Am I Becoming My Parents?
From: Di Yin <stayconnected@beststrongfamilies.net>
Date: 3/27/2024, 6:32 AM
To: mcateed@mokena159.org

BeStrongFamilies_Logo

Am I Becoming My Parents? Exploring Our Similarities (and Differences)

PGIAB_22_SqSpc_1800x1800

About Parent Café in a Box

The flagship Parent Café deck
features:

- 325 Café questions in English and Spanish
- 96 updated questions focusing on equity, diversity, and inclusion (EDI)
- Co-created by Be Strong Families and its community

Parent Café in a Box (Updated and Expanded) is a conversation deck with 325 total questions, bilingual in English and Spanish. This revision is co-created by Be Strong Families and its community, with input from people who have both lived and have professional experience with EDI and LGBTQIA+ inclusion and racial equity. Focusing on the five Protective Factors, the Parent Café in a Box is a portable, easy-to-use resource to support your parent engagement efforts.

Parent Cafés are physically and emotionally safe spaces where people talk and listen to each other on topics that matter to them, such as the challenges and victories of raising a family, navigating landscapes of inequality, enhancing well-being, holding space to grieve, or being involved in the recovery process of someone they love. Through individual deep self-reflection and peer-to-peer learning, and by building on the Protective Factors, participants cultivate strategies from their own wisdom and experiences and that of those around the table to

strengthen their families. Participants leave Parent Cafés feeling inspired, energized, and excited to put into practice what they have learned.

This revised edition of *Parent Café in a Box* features 325 Café questions with 96 updated questions focusing on equity, diversity, and inclusion (EDI). This revision is co-created by Be Strong Families and its community, with input from people who have both lived and have professional experience with EDI and LGBTQIA+ inclusion and racial equity.

Get the Parent Café in a Box Now!

shutterstock_731046181-1

[Facebook](#) [LinkedIn](#) [YouTube](#) [Instagram](#)

Be Strong Families, 1074 W Taylor St., #354, Chicago, IL 60607, USA, (800) 805-2505

[Unsubscribe](#) [Manage preferences](#)